



**THUASNE**

**MOBIDERM**  
Technology

## Take Care with **MOBIDERM** *Technology in the Maintenance Phase*

### **MOBIDERM autofit – The best option for self-bandaging**

The **MOBIDERM** autofit adjustable mobilizing garment uses **MOBIDERM** Technology for effective<sup>(1;2)</sup> control of lymphatic fluid and fibrotic tissue while at rest or at night. The **MOBIDERM** autofit enables patients to easily and consistently take control of their own self-management.



### **Adjustable Fit Sizing Guides**

- Key sizing indicators allow an individualized fit for each patient
- Use sizing guides to ensure **MOBIDERM** autofit is applied precisely every time, with room for adjustment for variations in volume of edema

### **Easy Application**

- **MOBIDERM** autofit's semi-open design makes it easy to don and doff.<sup>(1)</sup>

### **Velcro Fasteners**

- Quick and easy setup<sup>(1)</sup>
- Medial and lateral positioning allows for greater range of adjustment and use on right or left leg

### **Anti-slip sole**

- Limits slippage while walking for greater security

**MOBIDERM autofit is available in three models, providing control where a patient needs it most:**



Armsleeve with mitten (BG)



Below-Knee (AD)



Thigh-high (AG)



Discover video tutorials on our [Thuasne YouTube channel!](#)

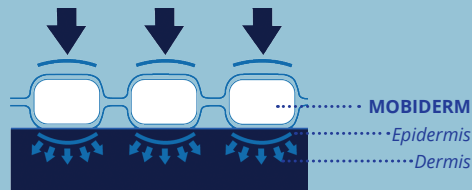
# MOBIDERM Technology

**MOBIDERM** is a medical device comprised of foam cubes encased between two non-woven bandages.

**MOBIDERM** Technology can be used under a reducing bandage (in its bandage or pad forms), or incorporated into mobilizing garments.

The pressure difference created between the support area of the blocks and the surrounding area stimulates the flow of lymphatic fluid, optimizing drainage efficacy.<sup>(3)</sup>

PATENTED <sup>(4)</sup>



Two sizes of foam blocks adapt to the various needs of the affected area



**SMALL BLOCKS**

- More effective in highly induced areas
- Better for small morphologies or body areas: pediatric patients, hands/foot, breast, and more.



**BIG BLOCKS**

- Better adapted along the limb

**MOBIDERM** autofit garments are recommend for patients with all stages of lymphedema, dysmorphic or regular morphology, progressive edema.

## MOBIDERM Standard

**MOBIDERM** garments are also available in non adjustable version.



Mitten



Glove



Armsleeve

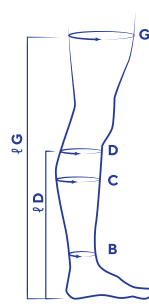


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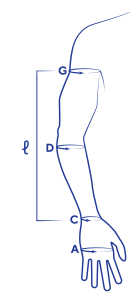
## ORDERING INFORMATION

MOBIDERM autofit  
Below-Knee

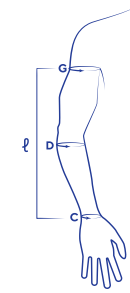


MOBIDERM autofit  
High-High

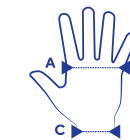
MOBIDERM autofit  
Armsleeve



MOBIDERM Standard  
Armsleeve



MOBIDERM Standard  
Glove & Mitten



Size	Ankle Circumference (at the narrowest point) (cB)	Calf Circumference (at the widest point) (cC)	Below-Knee Circumference (on the head of the fibula) (cD)	Short $\ell D = 38-40$ cm	Normal $\ell D = 40-42$ cm	Long $\ell D = 42-44$ cm	Xtra Long $\ell D = 44-46$ cm
1	16-24 cm	24-35 cm	25-36 cm	373402 20100231	373402 20100232	373402 20100233	373402 20100234
2	20-28 cm	32-43 cm	32-43 cm	373402 20200231	373402 20200232	373402 20200233	373402 20200234
3	24-32 cm	40-51 cm	39-50 cm	373402 20300231	373402 20300232	373402 20300233	373402 20300234
4	28-36 cm	48-59 cm	46-57 cm	373402 20400231	373402 20400232	373402 20400233	373402 20400234

Size	Ankle Circumference (at the narrowest point) (cB)	Calf Circumference (at the widest point) (cC)	Thigh Circumference (at the widest point) (cG)	Short $\ell G = 67-72$ cm	Normal $\ell G = 72-77$ cm	Long $\ell G = 77-82$ cm	Xtra Long $\ell G = 82-87$ cm
1	16-24 cm	24-35 cm	46-57 cm	373502 20100231	373502 20100232	373502 20100233	373502 20100234
2	20-28 cm	32-43 cm	53-65 cm	373502 20200231	373502 20200232	373502 20200233	373502 20200234
3	24-32 cm	40-51 cm	61-72 cm	373502 20300231	373502 20300232	373502 20300233	373502 20300234
4	28-36 cm	48-59 cm	68-80 cm	373502 20400231	373502 20400232	373502 20400233	373502 20400234

Size	Hand Circumference (cA)	Wrist Circumference (cC)	Forearm Circumference (at the widest point) (cD)	Axillary Arm Circumference (cG)	Normal $\ell = 40-45$ cm	Long $\ell = 45-50$ cm
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1	17-21 cm	15-19 cm	22-28 cm	25-32 cm	373303 20100261	373303 20100271
2	17-21 cm	16-20 cm	24-30 cm	29-36 cm	373303 20200261	373303 20200271
3	18-22 cm	17-21 cm	26-32 cm	33-40 cm	373303 20300261	373303 20300271
4	18-22 cm	17-21 cm	28-34 cm	37-44 cm	373303 20400261	373303 20400271
5	19-23 cm	18-22 cm	30-36 cm	41-48 cm	373303 20500261	373303 20500271
6	20-24 cm	19-23 cm	31-37 cm	45-52 cm	373303 20600261	373303 20600271

1	17-21 cm	15-19 cm	22-28 cm	25-32 cm	373303 20100262	373303 20100272
2	17-21 cm	16-20 cm	24-30 cm	29-36 cm	373303 20200262	373303 20200272
3	18-22 cm	17-21 cm	26-32 cm	33-40 cm	373303 20300262	373303 20300272
4	18-22 cm	17-21 cm	28-34 cm	37-44 cm	373303 20400262	373303 20400272
5	19-23 cm	18-22 cm	30-36 cm	41-48 cm	373303 20500262	373303 20500272
6	20-24 cm	19-23 cm	31-37 cm	45-52 cm	373303 20600262	373303 20600272

Size	Wrist Circumference (cC)	Elbow Circumference (cE)	Axillary Arm Circumference (cG)	Normal $\ell = 40-45$ cm	Long $\ell = 45-50$ cm
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1	14-16 cm	22-25 cm	25-29 cm	373003 20100232	373003 20100233
1+	14-16 cm	24-27 cm	28-32 cm	373003 40100232	373003 40100233
2	16-18 cm	25-28 cm	29-33 cm	373003 20200232	373003 20200233
2+	16-18 cm	27-30 cm	31-35 cm	373003 40200232	373003 40200233
3	18-20 cm	28-31 cm	32-36 cm	373003 20300232	373003 20300233
3+	18-20 cm	30-33 cm	35-39 cm	373003 40300232	373003 40300233
4	20-22 cm	31-34 cm	35-39 cm	373003 20400232	373003 20400233
4+	20-22 cm	33-36 cm	38-42 cm	373003 40400232	373003 40400233
5	22-24 cm	34-37 cm	38-42 cm	373003 20500232	373003 20500233
5+	22-24 cm	36-39 cm	41-45 cm	373003 40500232	373003 40500233

Size	Wrist Circumference (cC)	Hand Circumference (cE)	Glove	Mitten	
			Right	Left	Right/Left

1	14-16 cm	15-17 cm	373201 20100201	373201 20100202	373101 20100299
2	16-18 cm	17-19 cm	373201 20200201	373201 20200202	373101 20200299
3	17-19 cm	19-21 cm	373201 20300201	373201 20300202	373101 20300299
4	19-21 cm	21-23 cm	373201 20400201	373201 20400202	373101 20400299
5	20-22 cm	23-25 cm	373201 20500201	373201 20500202	373101 20500299
6	21-23 cm	25-27 cm	373201 20600201	373201 20600202	373101 20600299

(1) Mestre - Interest of an auto-adjustable night-time compression sleeve (MOBIDERM Autofit) in maintenance phase of upper limb lymphoedema: the MARILYN pilot RCT - Support Care Cancer (25:2455-2462) - 2017 - Page 7

(2) Quéiré - Prospective multicenter observational study of lymphoedema therapy: POLIT study - Vascular Disease Journal - 2014 - Pages 4 and 5

(3) Todd - Mobiderm Autofit: an adjustable sleeve that enables patients to self-manage lymphoedema - Chronic oedema - April 2018 - Page 6

(4) Only in following countries: Algeria, Austria, Belgium, Canada, China, Czech Republic, Denmark, Finland, France, Germany, Hungary, India, Morocco, Italy, Netherlands, Poland, Portugal, Romania, Russian Federation, Slovakia, Slovenia, Spain, Sweden, Switzerland, Tunisia, United-Kingdom

Biflex - Indications: Venous insufficiency, simple and complicated varicose veins, reduction of venous and posttraumatic edema, dermatitis/ lipodermatosclerosis, varicose ulcers, deep vein thrombosis (prevention and confirmed accident), post-thrombotic syndrome, following sclerotherapy, treatment of lymphedema. Contraindications: PAD (peripheral arterial disease), skin wounds, abscess, infected skin conditions, extra-anatomic bypass, uncontrolled heart failure.

Biflexideal® - Indications: Treatment of lymphedema, simple and complicated varicose veins, following sclerotherapy, following surgery, reduction of post-traumatic edema, varicose ulcers. Contraindications: Do not apply directly to an open wound.

Mobiderm Autofit and Standard - Indications: Maintenance of volume reduction in lymphedema. Contraindications: Skin infection of the limb or acute inflammation, known allergy to components used, septic thrombosis, severe peripheral neuropathy of the limb. Lower limb - PAD (peripheral arterial disease) of lower limbs with ABI < 0.6, congestive heart failure, advanced diabetic microangiopathy, plegmasia cerulea dolens, extra-anatomic bypass. Upper limb - pathology of brachial plexus, vasculitis of the extremities.

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Please read carefully the instructions for use, indications and contraindications of the product. Last revision date: 2020/07. Ref. 002